

Peter John Hawkins

CURRICULUM VITAE · APRIL 2008

Academic Qualifications

1962	B.Sc. GEOLOGY LEICESTER UNIVERSITY
1963	PGCE (CLASS 2) UNIVERSITY OF NOTTINGHAM
1968	B.Sc. (Hons) Psychology (Class 2.1.) University of London
1978	M.Sc. University of Durham (Behaviour Therapy)
1986	Ph.D. University of Durham (Catharsis in Psychotherapy)
1991	Statement of Competence in Occupational Testing (Level A), BPS
1994	Statement of Equivalence, Postgraduate Diploma in Counselling Psychology, BPS
1995	European Diploma in Psychological Therapies, European Institute of Psychotherapy
1998	Ph.D. Equivalence, University of Porto, Portugal.
1998	Registered University Teacher, Portugal, Portuguese Ministry of Higher Education
2007	Accredited Member, British Society of Clinical & Academic Hypnosis

Full-time Employment (from 1970)

1996	Professor in Health / Counselling Psychology (retired Jan. 2004)
1994	Reader in Psychology (Research)
1974 –	Senior Lecturer in Psychology, Sunderland Polytechnic/University
1970 – 74	Senior Lecturer in Psychology, C.F.Mott College of Education

Part-time Employment (from 1970)

Open University Tutor (1970 - 1986): Introduction to Psychology; Social Psychology; Foundation Course: Social Sciences; Summer School Tutor.

Durham University (1974 - 1990): Visiting tutor in Counselling; Course Tutor, Certificate in Counselling, and Advanced Certificate in Counselling (1984- 1990);

Various: Liverpool University; Middlesex Polytechnic; Preston Polytechnic.

1980 –	Private Practice in Counselling
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Professional Activities

1987 –	Consultant, Sunderland Counselling Service
1987 –	Trainer/Consultant, British Society of Medical and Dental Hypnosis
1987 – 89	Review Editor for British Journal of Counselling Psychology
1990–	Subject Panel Member, Psychology, Hong Kong Council for Academic Accreditation

1991–92	Teaching Associate, Societa Italiana per la Organizzazione Internationale (Italian Assoc. for the United Nations) - World Health Organisation Programme in Mental Health).
1992–93	Clinical Supervisor, Dip. Clinical Hypnosis in Dept. of Psychiatry, University of Sheffield.
1993–94	Consultant, MA Clinical Hypnosis, University of Sheffield.
1994–	Member of Training Committee in Counselling Psychology: Membership and Qualifications Board, British Psychological Society.
1994–	Faculty Member, Institute of Brief Psychotherapy, Rome, Italy.
1994–	Executive Committee and the Accreditation and Examination Board of the European Institute of Psychotherapy.
1994 – 99	Editorial Advisory Board, European Journal of Clinical Hypnosis.
1995 –	Scientific Committee, First International Conference of Sexology, Rome, 9-13th. Oct. '96
1995 –	President, European Institute of Psychotherapy
1995–	Corpo Docente, Istituto per lo Studio delle Psicoterapie, Scuola di formazione in psicoterapie brevi as approccio strategico, Roma-Vibo Valentia, Italy.
1996	Scientific Committee, International Congress of Hypnosis and Psychosomatic Medicine, University of Braga, Portugal, November 1997.
1997	Scientific Committee, Symposium Internacional Estres Profesional en Servicios Clinicos, Sociales y Educativos: Prevencion y Tratamiento, El Cau, Castellon, Spain.
1998	Scientific Committee, Central Asia Congress of Health Psychology, Tashkent, September 1999.
1998	Appointments Committee (Applied Psychology), University of Cork.
2000	Director, Ericksonian Institute of Psychotherapy - Portugal (N).
2001	President, International Association of Psychotherapy.
2002	Co-Director, Spanish Ericksonian Institute, Madrid.
2002	Editorial Advisory Board, European Journal of Clinical Hypnosis.
2002	Co-Director, Portuguese Society of Hypnosis
2002 (July)	Appointments Committee, University College, Cork (NUI)
2003	Director, Portuguese Association of Counselling and Psychotherapy
2005	Scientific Committee, First International Congress of Counselling and Psychotherapy, ISMAI, Portugal.
2007	Council Member, British Society of Clinical & Academic Hypnosis,

External Examinerships

1989 –92	External Examiner, BSc. Psychology, Manchester Polytechnic
1991–1994	External Examiner, MSc. Applied Psychology (Qualitative Methods), Manchester University / Manchester Metropolitan University

1993–1997	External Examiner, Dip. Clinical Hypnosis and Certificate in Dental Hypnosis, University of Sheffield.
1995–1998	External Examiner, Masters in Clinical Hypnosis, University of Sheffield.
1994–1998	External Examiner, Masters Degree in Counselling Psychology, University of Cork.
1995–1998	External Examiner, Masters Degree in Health Psychology, University of Cork, Ireland
1994 (Sept.)	External Examiner, MA Thesis, University College, Cork
1994 (Oct)	External Examiner, MSc. Thesis, University of Manchester
1995 (June)	External Advisor to the Validation Panel (revalidation of MSc./Graduate Diploma in Psychological Counselling), Roehampton Institute, London.
1998 (June)	External Examiner (Ph.D.) – Department of Applied Psychology, National University of Ireland (Cork).
1998 (June)	External Advisor to Appointments Board, National University of Ireland (Cork).
1998–2000	External Examiner, Higher Diploma in Counselling, National University of Ireland, Cork
	External Examiner, Higher Diploma in Gestalt Therapy, National University of Ireland, Cork
2000(Oct)	External Examiner (Ph.D.) – Department of Applied Psychology, National University of Ireland (Cork).
2000 – 2003	External Examiner in Counselling, University of Sheffield, Department of Nursing & Midwifery.
2000–2003	External Examiner. BA Applied Psychology, Department of Applied Psychology, National University of Ireland (Cork).
2001 (Nov)	External Examiner: M.Phil. Department of Applied Psychology, National University of Ireland (Cork).
2002– 05	External Examiner, Masters in Counselling Psychology, Humanistic Counselling; Health Psychology. University College, Cork.
2002 (Oct)	External Examiner M.Phil. Thesis. Department of Applied Psychology, National University of Ireland (Cork).
2003–2005	External Examiner, Diploma in Employee Welfare, National University of Ireland, University College, Cork.
2007 (Sept)	External Examiner, Ph.D Thesis, National University of Ireland

Visiting Professorships

1993 –	Visiting Professor in Psychotherapy, University of Valencia
1993 –	Visiting Professor in Counselling Psychology, University of Crete.
1994–	Visiting Professor in Psychotherapy, University of La Laguna, Tenerife
1995–	Professor of Psychotherapy, University 'La Sapienza' Roma, tenable at Istituto per lo Studio delle Psicoterapie, Scuola di formazione in psicoterapie brevi as approccio strategico, Rome.
1996	Honorary Professor in Medical Psychology, Osh State University, Kyrgyzstan.
1999	Honorary Professor in Health Psychology, State University of Tashkent, Uzbekistan.
1999 – 2008	Visiting Professor in Psychotherapy, University Institute of Ismai, Porto, Portugal

1994–2008 Visiting Professor in Psychotherapy, University of Salamanca, Spain.

2004–2008 Visiting Professor in Clinical Hypnosis, University of Barcelona.

Project Management

- Director of TEMPUS Project in Health Psychology (Romania) 1991-1994
- Coordination of ERASMUS ICP (Student Mobility, Teacher Mobility; Intensive Course; Curriculum Development): involving the Universities of Oldenburg, Tours, Jyvaskyla, Barcelona, Salamanca, Cagliari, Coimbra, Cork, Crete and Aegean.
- Director, TEMPUS/TACIS Project (pre-JEP) in Counselling Psychology, University of Tashkent (Uzbekistan), University of Salamanca & University of Valencia (1995-96).
- Director, TEMPUS/TACIS Project (T_JEP) in Health Psychology, University of Tashkent (Uzbekistan), University of Salamanca & University of Valencia (1996-2000).
- Collaborating Partner, TEMPUS/TACIS Project (pre-JEP) in Health Psychology, University of Dushanbe (Tajikistan), University of Salamanca and University of Valladolid (Spain) - 1998-2002.
- Director, TEMPUS-TACIS Project 2001: "The development of health psychology in Uzbekistan" in collaboration with the University of Salamanca. Host institutions include: National University of Uzbekistan, First Medical Institute of Tashkent, Andijan Medical Institute, Bukhara Medical Institute, University of Nukus, University of Samarkand, Samarkand Medical Institute, University of Bukhara.

Membership of Professional Societies

- Chartered Psychologist, BPS, October 1988 - 2000
- Chartered Counselling Psychologist, BPS, June 1994-2000
- Chartered Health Psychologist, BPS, May 1998-2000
- Associate Fellow, British Psychological Society - 2000
- Elected Member, British Society of Experimental and Clinical Hypnosis
- Honorary Member, Asociation Espanola de Auto-Regulacion 1992
- Honorary Member, Albanian Psychological Society, 1993
- Honorary Member, Spanish Association of Hypnosis, 2003.
- Accredited Member, British Society of Clinical & Academic Hypnosis

Publications

Books

Hawkins, P.J. & Nestoros, J. (eds.) (1998) Psychotherapy: New perspectives on Theory, Practice and Research. Athens: Ellinika Grammata. (ISBN 960 344 158 9).

Hawkins, P. J. & Heap, M. (Eds.) (1998). Hypnosis in Europe. London: Whurr. (ISBN 1 897635 68 0).

Hawkins, P. J. (1998). Introduccion a la Hipnosis Clinica: Una perspectiva humanistica. Promolibro: Valencia. (ISBN: 84-7986-211-4).

Hawkins, P.J. (ed.) (1999) Readings in Health Psychology (in Russian & Uzbek). University of Tashkent Press

Hawkins, P.J. (2000) Cliniki Ypnosi. Athens: Ellinika Grammata
(ISBN: 960-344-895-8)

Hawkins, P.J. (2006) Introdução à Hipnose Clínica: Um guia para profissionais. Vol. 1. Coimbra: Quarteto

Hawkins, P.J. (2006) Hypnosis and Stress: A Guide for Clinicians. Chichester: Wiley.

Hawkins, P.J. (2007) Hipnosis y Estrés: Guía para profesionales, Desclée De Brouwer: Bilbao.

Chapters in Books

Hawkins, P.J. & Ager, D.C (1975) The treatment of dog phobia in a severely subnormal boy, in Comley, J. (ed.), Behaviour Modification with the Retarded Child. London: Heinemann Medical.

Hawkins, P.J. (1975) The use of behaviour modification techniques in the reduction of classroom behaviour problems, in Comley, J. (ed.), Behaviour Modification with the Retarded Child. London: Heinemann Medical.

Hawkins, P.J. (1975) Teaching retarded children to attend, in Comley, J. (ed.), Behaviour Modification with the Retarded Child. London: Heinemann Medical.

Hawkins, P.J. (1990) Hypnosis in the treatment of bulimia in Heap, M. (ed). Hypnotic Contributions, BSECH Publication, Sheffield,

Hawkins, P. J. (1993) Hipnosis en el afrontamiento al estres. in Capafons, A. & Amigo, S. Hipnosis: Terapia de Auto-Regulacion e Intervencion Comportamental. Valencia: Promolibro.

Hawkins, P. J. (1993) Hypnosis, Pedagogiki Psychologiki Encyclopedia Lexiko, Vol. 9, pp. 4912-4915, Athens: Ellinikki Grammata.

Hawkins, P. J. (1993) Acercamientos ideodinamicos y disociacion en psicoterapia, in Capafons, A. & Salvador, A. Hipnosis: Terapia de Auto-Regulacion e Intervencion Comportamental. Valencia: Promolibro.

Hawkins, P. J. (1994) Caring for Carers in Kaila, M., Polimikos, N, & Filippou, G. (eds.) People with Special Needs, Vol. 2, p.p. 852. Athena: Ellinika Grammata.

Hawkins, P.J. (1995) La Hipnosis en Terapia Familiar, in Beyebach, M. and Gongora, J. (eds) Avances en terapia familiar sistémica. Barcelona: Ed. Paidos.

Hawkins, P. J. (1996). Clinical hypnosis strategies in the treatment of sexual dysfunction, in S. Simonelli, F. Petruccelli & V. Vizzari (eds.) Sessualita e Terzo Millennio, Vol. 1. pp. 347-361. Milan: Franco Angeli.

Hawkins, P. J., & Nestoros, J. (1998) Beyond the dogmas of conventional psychotherapy: The integration movement, In Hawkins, P.J. & Nestoros, J. (eds.) Psychotherapy: New perspectives on Theory, Practice and Research. Athens: Ellinika Grammata, 1998.

Hawkins, P.J. (1998) Psychodynamic psychotherapy, in Hawkins, P.J. & Nestoros, J. (eds.) Psychotherapy: New perspectives on Theory, Practice and Research. Athens: Ellinika Grammata, 1998.

Hawkins, P. J. (1998) Clinical hypnosis, in Hawkins, P.J. & Nestoros, J. (eds.) Psychotherapy: New perspectives on Theory, Practice and Research. Athens: Ellinika Grammata, 1998.

Hawkins, P. J. (1998) Evaluating psychotherapy - New paradigm approaches, in Hawkins, P.J. & Nestoros, J. (eds.) Psychotherapy: New perspectives on Theory, Practice and Research. Athens: Ellinika Grammata, 1998.

Da Silva, T., Capafons, A. & Hawkins, P.J. (1998). Hypnosis in Spain and Portugal, in P. J. Hawkins and M. Heap (eds.). Hypnosis in Europe. Whurr: London. 198-202.

- Hawkins, P. J. (1998) Sexuality: Narrative and hypnosis, in S. Simonelli., F. Petruccelli & V. Vizzari (eds.) *Sessualita e Terzo Millennio*, Vol. 11. pp. 213-227. Milan: Franco Angeli.
- Hawkins, P.J. (1998) Aplicaciones clínicas de la hipnosis, in Gongora, J. *Prevención e Intervención en Salud Mental*, Salamanca: Amarú. 415-441. (ISBN: 84-8196-117-7).
- Hawkins, P.J. (1999) Hypnosis in Counselling and Psychotherapy. in Palmer, S (ed.), *An introductory handbook of approaches to counselling and psychotherapy*. Sage. (ISBN: 0-7619-5544-5)
- Hawkins, P. J. (2006) Hypnoanalysis: An integration of hypnosis and psychodynamic approaches. In E. O'Leary & M. Murphy (eds.). *New approaches to integration in psychotherapy*. Brunner-Routledge.

Refereed Journals

- Hawkins, P.J. (1994) Is this the Renaissance of Clinical Hypnosis ? *European Journal of Clinical Hypnosis*, 1, 2, 4-6.
- Hawkins, P. J. (1994) Hypnosis in family therapy. *European Journal of Clinical Hypnosis*, 1,3, 29-35.
- Hawkins, P. J. (1994) Ideodynamic signalling in psychodynamic psychotherapy, *European Journal of Clinical Hypnosis*, 2, 1, 41-44.
- Hawkins, P. J. (1994) Hypnosis in Counselling Psychology. *Counselling Psychology Review*, 9, 3, 4-8.
- Hawkins, P. J. (1994). Ipnosi e disfunzioni sessuali. *Rivista di Sessuologia Clinica* 2: 10-17.
- Hawkins, P. J. (1995). Catharsis in Counselling Psychology. *Counselling Psychology Review.*, 10, 2, 11-17.
- Hawkins, P.J., Liossi, C., Ewart, B.E., Hatira, P., Kosmidis, V.H., & Varvutsi, M. (1995) Hypnotherapy for control of anticipatory nausea and vomiting in children with cancer: preliminary findings. *Psycho-Oncology*, 4, 101-106.
- Hawkins, P.J. (1996). Hypnosis in Sex Therapy. *European Journal of Clinical Hypnosis*, 10, 2-8.
- Hawkins, P.J. (1996). Hypnosis in Sex Therapy. *Rivista di Sessuologia Clinica* III, I, 19-30.
- Hawkins, P.J., Almeida, A., Hemmings, M., & Ranz, R. (1998). Sexuality: Narrative and Hypnosis. *European Journal of Clinical Hypnosis*, 1, 5, 23-31.
- Hawkins, P.J., Liossi, C., Ewart, B.E., Hatira, P., Kosmidis, V.H., (1998) Hypnosis in the alleviation of procedure related pain and distress in paediatric oncology patients. *Contemporary Hypnosis*. 15, 4, 199-207.
- Hawkins, P.J. & Polemikos, N. (2002) Hypnosis Treatment of Sleeping Problems in Children Experiencing Loss. *Contemporary Hypnosis*. 19, 1, pp. 18-24.
- Hawkins, P.J., Suviola, J., Tapola, V., Almeida, A. (2004). Analysis of a Clinical Hypnosis Session: Therapist and Patient Perspectives, *European Journal of Clinical Hypnosis*. 5 (3), 28-35

Published Conference Abstracts

- Hawkins, P.J. (1991) Catharsis in Psychotherapy, *Proceedings of the 8th. Conference of Psychologists of Baltic Republics*, pp. 25-26. Vilnius, Lithuania.
- Hawkins, P.J. (1993) Hypnosis in health care, *Proceedings of the III European Congress of Psychology*, p. 111. Tampere, Finland.
- Hawkins, P. J. & Liossi, C. (1995) Ongoing research in psychotherapy in Greece. *Proceedings of the IV European Congress of Psychology*, Athens, Greece, p. 570. Athena: Ellinika Grammata.

- Hawkins, P. J. (1995) The use of hypnosis in the treatment of psychosexual problems. Proceedings of the IV European Congress of Psychology, Athens, Greece, p. 575. Athena: Ellinika Grammata.
- Hawkins, P.J., Liossi, C., Ewart, B.E., Hatira, P. & Kosmidis, V.H. (1996). Hypnosis versus Cognitive Behaviour Therapy for Pain Management with Paediatric Cancer Patients undergoing Bone Marrow Aspirations. Abstracts of British Psychosocial Oncology Society Annual Conference 1995.
- Atkinson, B., Gergen, K., Hawkins, P.J., Katakis, C., & Wahlstrom, J. Therapy and Research - An Invitation to Dialogue. International Family Therapy Association. Athens, Greece, July 1996.
- Pattakou-Parassiri V., & Nestoros J.N.: Factors influencing the psychotherapeutic process. 5th Panhellenic Conference on Psychological Research, Patra, 23-26 May 1996, Abstracts, p.92.
- Pattakou-Parassiri, V., Hawkins, P.J. & Nestoros, J. N. The Problem of Assessing the Factors influencing the Psychotherapeutic Process. International Family Therapy Association. Athens, Greece, July 1996. Abstracts, p.136-137.
- Pattakou-Parassiri, V., Hawkins, P.J. & Nestoros, J. N. Factors influencing the engagement in the psychotherapeutic process. Association of European Psychiatrists: Section of Psychotherapy: 1st. European Conference on Psychotherapy: Psychotherapy in Europe - Trends and Practices. Athens, Greece, 11-14 September, 1997. Abstracts, p. 125-126.
- Kalaitzaki, A.E., Nestoros, J.N., Hawkins, P.J., & Vasedekis, V.G.S. The impact of schizophrenic symptoms on the family's psychological well-being. Association of European Psychiatrists: Section of Psychotherapy: 1st. European Conference on Psychotherapy: Psychotherapy in Europe - Trends and Practices. Athens, Greece, 11-14 September, 1997.
- Abbott R., Hale, G., Hawkins, P. The comparison of suicide bereavement with accidental death and Natural Death (Anticipated and Sudden) Bereavement. The Social Context of Death, Dying and Disposal, 4th. International Conference, Glasgow University, 1998, pp. 153, 1901248518.
- Hawkins, P.J. (1999), Treatment of sleeping problems in children experiencing parental loss in Symposium, Developmental Aspects and Treatment of Sleeping Disorders in Children. 1Xth. European Conference on Developmental Psychology, Spetses, September 1-5.
- Pattakou- - Parassiri V., Hawkins P.J., & Nestoros J.N.: A Scale Assessing the Ability to Engage in Integrative Psychotherapy, 5th European Conference on Psychological Assessment, August 25-29, 1999, Patra, Abstracts, p. 125.
- Pattakou- - Parassiri V., Hawkins P.J., & Nestoros J.N.: Assessment of the Ability to Engage in the psychotherapeutic process with questionnaire, (poster), 8th Panhellenic Conference on Psychological Research, Alexandroupolis 24-27 May, 2001, Abstracts, p. 61-62.

Conference Papers

- Hawkins, P.J. (1982) Counselling the elderly. Age Concern National Conference, University of Durham.
- Hawkins, P.J. (1987) Stress management., Invited lecture, New University of Ulster.
- Hawkins, P.J. (1987) Hypnosis in Counselling Practice. British Psychological Society, Counselling Section Annual Conference, London.
- Hawkins, P.J. (1989) A positive approach to counselling HIV/AIDS Patients. Conference on the psychological aspects of AIDS, Regional Health Conference, Sunderland.
- Hawkins, P.J. (1989) An integrative approach to Bereavement and Loss Counselling, Annual Conference of the Sunderland Loss and Bereavement Counselling Service.

- Hawkins, P.J. (1990) Hypnosis in the treatment of Bulimia Nervosa, Annual Conference of the British Society of Experimental and Clinical Hypnosis, Sheffield University.
- Hawkins, P. J. (1991) Catharsis in Psychotherapy, 8th. Conference of Psychologists of Baltic Republics, January 8th. - 12th.
- Hawkins, P. J. (1991) Ideodynamic finger signalling in hypnoanalysis. 1st. Spanish Congress of Hypnosis and Auto-regulacion Therapy, University of Valencia.
- Hawkins, P. J. (1993) Hypnosis in Stress Management. 2nd. Spanish Congress of Hypnosis and Auto-regulacion Therapy, University of Valencia, Spain.
- Hawkins, P. J. (1993) Development of a TEMPUS Joint European Project in Health Psychology (Romania). Meeting of East European Group, British Psychological Society, Leicester.
- Hawkins, P.J. (1993) Medical Hypnosis, Scientific Congress; Pan European Perspectives in Psychotherapy, University of Athens, November 1993.
- Hawkins, P.J. (1993) Keynote Address: Psychological Therapy in the E.U. - A Way Forward. Scientific Congress: Pan European Perspectives in Psychotherapy, University of Athens, November 1993.
- Hawkins, P. J. (1993) Personal experiences of managing a TEMPUS Project. Annual Conference of University International Officers, Birkbeck College, University of London, December.
- Hawkins, P.J. (1994) Hypnosis and Psychotherapy, University of Rome; June.
- Hawkins, P. J. (1994) Hypnosis in the treatment of bulimia, Societa Italiana di Ipnosi, Rome. June, 1994.
- Round Table Participant, Attualita in sessuologia e andrologia, Facolta di Psicologia, Universita degli Studi di Roma "La Sapienza". June 1994.
- Hawkins, P.J. (1994, September 16th.) La hipnoterapia y el tratamiento de los trastornos psicomaticos y el stres profesional (curso titulado "Programas de Salud Mental y Tecnicas para Combatir el Estres en Profesionales de Servicios Clinicos, Sociales y Educativos"), Centro Rehabilitacion Autismo Infantil "El Cau", Castellon de la Plana, Spain.
- Hawkins, P.J. Hypnosis in the treatment of nausea and vomiting in children with cancer. British Psychosocial Oncology Group, 11th. Annual Conference, Research Priorities in Psychosocial Oncology. Manchester, 12th-13th. December 1994.
- Hawkins, P. J. Symposium Convenor, Recent Developments in Psychotherapy, IV European Congress of Psychology, Athens (July 2 - 7, 1995).
- Hawkins, P.J. (1995) Hypnosis and the treatment of sexual problems. Paper presented at the IV European Congress of Psychology, Athens, July 1995.
- Hawkins, P.J., Liossi, C., Ewart, B.E., Hatira, P. & Kosmidis, V.H. (1995). Hypnosis versus Cognitive Behaviour Therapy for Pain Management with Paediatric Cancer Patients undergoing Bone Marrow Aspirations. British Psychosocial Oncology Society Annual Conference, London. 1995.
- Hawkins, P.J. (1996, January 18th.) La hipnoterapia y el tratamiento de los trastornos psicomaticos y el stres profesional (curso titulado "Programas de Salud Mental y Tecnicas para Combatir el Estres en Profesionales de Servicios Clinicos, Sociales y Educativos"), Centro Rehabilitacion Autismo Infantil "El Cau", Castellon de la Plana, Spain.
- Hawkins, P.J. (1996, January) La hipnoterapia y el tratamiento del dolor. Invited lecture and demonstrations, Universidad de Salamanca and Hospital de Universidad Salamanca, Facultad de Medicina (Oncologia y Neurologia).

- Hawkins, P.J. 1996 (Aug). Invited Paper, Hypnosis in Medicine, European Congress of Hypnosis and Psychosomatic Medicine, Budapest.
- Hawkins, P.J. (1996, Oct) Clinical Hypnosis in the Treatment of Sexual Dysfunction (Invited Lecture), First International Conference of Sexology, Rome, 10-13th. October.
- Hawkins, P.J. (1997, Nov) Hypnosis in Pain Management. 1st. Congresso Portuguese Hipnose Clinica, Universidade do Minho, Braga, Portugal.
- Hawkins, P. J. (1997, Nov) La Hipnoterapia en trastornos psicomaticos y estres profesional. Symposium Internacional. Estres Profesional en Sevicios Clinicos, Sociales y Educativos: Prevencion y Tratamiento, Castellon y Playas de Benicasim, Spain.
- Hawkins, P.J., De Moja, C, & Di Rosa, A.E. (August, 1998) Stress, Emotions and Sexuality, in Symposium, 'Stress and Emotion', coordinated by Charles Spielberger. 24th. International Congress of Applied Psychology, San Francisco.
- Liossi, C., Hawkins, P.J., Kosmidis, H. (1998). Comparative efficacy of pharmacologic and combination of pharmacologic with psychological interventions for pain management with paediatric cancer patients undergoing lumbar punctures. 10th. Scientific Meeting of the European Society for Psychosocial oncology, Stockholm, Sweden.
- Hawkins, P.J. (1999) An evaluation of the effects of catharsis in psychotherapy - a New Paradigm Approach in Symposium: Research Methodologies In Health Psychology And Psychotherapy. V1 European Congress of Psychology, Rome, July 4th. – 9th.
- Hawkins, P.J. (1999), Treatment of sleep disorders in children experiencing parental loss in Symposium, Developmental Aspects and Treatment of Sleep Disorders in Children. 1Xth. European Conference on Developmental Psychology, Spetses, September 1-5.
- Hawkins, P.J. (1999). Psychological Services in Health Care. First Central Asia Congress of Health Psychology, Tashkent, Uzbekistan. October 14-15.
- Pattakou-Parassiri, V., Hawkins, P.J., & Nestoros, J.N. (1999). A Scale Assessing the Ability to Engage in Integrative Psychotherapy. 5th. European Conference on Psychological Assessment, University of Patras, Greece, August 25-29.
- Ewart, B.E., Hawkins, P.J., Grigoraki, I, & Tsiara (1999). A cross cultural study of stress experienced in health matters, social and sexual relationships. The XIII Conference of the European Health Psychology Society. Florence, 1-3 October.
- Hawkins, P.J. (September, 2001) Collaborative action research in Psychotherapy. European Institute of Psychotherapy, University College, Cork.
- Gongora, J., Hawkins, P.J. & Rodriguez, J. (November 2001). Talleres sobre los Malos tartos e influencia del estres. 1 SEMINARIO INTERNACIONAL SOBRE VIOLENCIA Y MALTRATO "RESCATANDO EL AMOR". Universidad Complutense de Madrid. 22-24 Noviembre 2001.
- Almeida, A, Almeida, A & Hawkins, P.J.,. (December 2001) Dorothy meets the Wizard: An Allegory for a Psychodynamic Approach. The Eighth International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy. Phoenix, USA.
- Hawkins, P.J. & Almeida, A. (December 2002). Dialectics and Brief Psychotherapy. International Congress of Brief Psychotherapy, Orlando, USA.
- Hawkins, P.J. (May, 2003). Dialectical Processes in Integrative Psychotherapy. Conference of the Greek Psychological Association. Rhodes (May 20 –24)

Hypnosis in Psychosomatic Medicine. (Invited Keynote) 9th. World Congress of Eclectic Hypnotherapy Psychology, Psychiatry and Medicine. Morelia, Mexico. July 2003.

Hawkins, P. J. (2004, Feb)) La Hipnoterapia en trastornos psicomaticos y estres profesional. Symposium Internacional. Estres Profesional en Sevicios Clinicos, Sociales y Educativos: Prevencion y Tratamiento, Castellon y Playas de Benicasim, Spain.

Hawkins, P.J. (2006, November). Keynote Address: What makes us Ericksonian? Conferinta Nationala de Hipnoza Ericksoniana. Izvorul Muresului, Harghita, Romania.

Poster Presentations

Hawkins, P.J.; Liossis, C; Hatira, P. & Vasilatou-Kosmidis, H. (1994), Hypnotherapy of pain in children with leukaemia. International Symposium, Supportive Care in Haematological Oncology, Prague.

Hawkins, P.J.; Liossis, C; Hatira, P. & Vasilatou-Kosmidis, H. (1994, September), Hypnosis in Pain Control with Cancer Patients, 8th. European Congress of the European Society of Psychosocial Oncology, Budapest.

Liossi, C., Hawkins, P.J., Hatira, P., & Kosmidis, V.H. (1996). Hypnosis in the management of procedure-related pain. 8th. World Congress on Pain, Vancouver, Canada.

Kalaitzaki, A.E., Nestoros, J.N., & Hawkins, P.J. (1997). Family and Schizophrenia: An interactive paradigm. 7th. International Congress on Family Therapy, Jerusalem. March 9-13, 1997.

Abbott, R.L.; Hale, G. & Hawkins, P.J. (1998) The comparison of suicide bereavement with accidental death and natural death (anticipatory and sudden) bereavement. The Social Context of Death, Dying, and Disposal, 4th. International Conference, Glasgow Caledonian University, 3rd.- 6th. September, 1998.

Workshops – a brief selection

1984–86	Bereavement counselling workshops, Age Concern, Birmingham.
1988–94	Training workshops in Clinical Hypnosis for the British Society of Medical and Dental Hypnosis (3 per annum).
1987	Workshop on Hypnosis in Counselling Psychology, BPS Counselling Section Annual Conference. London.
1988	Workshop on Stress Management, BPS Counselling Section Annual Conference. London.
1990–	4 Workshops (8) in Clinical Hypnosis and Psychotherapy, Stress Management, Co-Counselling, New Paradigm Research Methodology, Counselling - University of Cluj (Romania).
Workshops in Clinical Hypnosis, Universities of: Milan, Padova, Genoa (Italy); Lodz, Lublin, Krakow (Poland); Miskolc, Budapest (Hungary); Kromeriz, Kosice (Slovakia); Jyvaskyla (Finland); Barcelona, Salamanca (Masters Degree in Psychological Therapies), Valencia (Doctoral Programme in Psychotherapy); Lisbon (Portugal); Tirana (Albania); Tartu (Estonia); Aegean (Rhodes); Crete.	
1993 (July)	Convenor and Chairperson, Symposium on 'Psychological Interventions in Health Care', 3rd. European Congress of Psychology, Tampere, Finland.
1993 (Oct)	Workshop in Clinical Hypnosis, University of Crete (Dept. of Psychology).

1993 (Nov)	Workshop in Clinical Hypnosis, 'A Clinician's Guide to the use of Ideodynamic Finger Signalling'. Scientific Congress: Pan European Perspectives in Psychotherapy. University of Athens, Nov. 27th. - 28th. '93.
1994 (Jan)	Workshop in Clinical Hypnosis, Hungarian Society of Experimental and Clinical Hypnosis, University of Budapest (Dept. of Psychology).
1994 (Feb.)	Workshop, 'Hypnosis and Stress', University of Valencia. Television interview.
1994 (March)	'The MASTERS Workshop', University of Salamanca.
1994 (March)	Theories of Personality and Psychotherapy. British Society of Medical and Dental Hypnosis (Yorkshire Section), Wakefield.
1994 (April)	Workshop in Hypnosis and Stress Management, Moscow State University, Russia. (Russian Society of Hypnosis & NLP)
1994 (June)	Workshop, Ipnoanalisi, Societa Italiana di Ipnosi & Istituto per lo Studio delle Psicoterapie, Roma
1994 (Sept)	La hipnoterapia aplicada a trastornos psicomaticos, problemas de ansiedad y estres profesional. (curso titulado "Programas de Salud Mental y Tecnicas para Combatir el Estres en Profesionales de Servicios Clinicos, Sociales y Educativos"), Centro Rehabilitacion Autismo Infantil "El Cau", Castellon de la Plana, Spain.
1994 (Sept)	Director, Intensive Course in Psychological Interventions in Health Care (ERASMUS), University of Salamanca.
1994 (Oct.)	3-day training course in Clinical Hypnosis, University of Crete.
1994 (Nov)	Hypnosis and Pain Management. Masters Degree in Psychotherapy, Universidad de La Laguna, Tenerife.
1994 (Dec)	Seminar, Hypnosis in Cancer Management, Childrens Hospital, Athens, Greece.
1995 (Jan)	Interviewed on BBC Radio 4, Medicine Now about The Current State of Clinical Hypnosis in the U.K.
1995 (Jan)	Tyne Tees TV Documentary on Psychological Aspects of Religious Cults.
1995 (June)	Workshop, "Hypnosis in Family Therapy", Centro de Terapia y Orientation Familiar, Las Palmas, Gran Canaria.
1995 (July)	Workshop, "Stress Management", Tyne-Tees Television.
1995 (Sept)	Director, ERASMUS Intensive Course, "Therapists at Work", University of Crete.
1995 (Oct)	Workshop, Hypnoanalysis, University of Coimbra, Portugal.
1995 (Oct)	Workshop, Tecniche ipnotiche non directive in psicologia clinica e psicoterapia, Istituto per lo Studio delle Psicoterapie, Rome / Vibo Valentia.
1996 (Jan)	La hipnoterapia aplicada a trastornos psicomaticos, problemas de ansiedad y estres profesional. (curso titulado "Programas de Salud Mental y Tecnicas para Combatir el Estres en Profesionales de Servicios Clinicos, Sociales y Educativos"), Centro Rehabilitacion Autismo Infantil "El Cau", Castellon de la Plana, Spain.
1996 (Jan)	La hipnoterapia aplicada a trastornos del dolor. Hospital de Universitat de Salamanca, Facultat de Medicina. Keynote Presenter.
1996 (May)	Clinical Hypnosis and Psychotherapy, Istituto per lo Studio delle Psicoterapie, Rome / Vibo Valentia.

1996 (June)	Director, ERASMUS Intensive Course, "Therapists at Work", University of Jyvaskyla, Finland.
1997 (Feb)	Clinical Hypnosis in Medical Practice, University of Cagliari, Sardinia (Italy).
1997 (Feb)	Advanced Training Course in Hypnoanalysis, Psychotherapy Institute, Roma.
1997 (May)	Invited Workshop, Ideodynamic Approaches in Hypnotherapy, Annual Conference of the British Society of Medical and Dental Hypnosis, Chester.
1997 (Oct)	Hypnosis in Psychosomatic Medicine, ISMAI, Porto, Portugal.
1997 (Nov)	Hypnosis in Pain Management. 1st. Congresso Portuguese Hipnose Clinica, Universidade do Minho, Braga, Portugal.
1997 (Nov)	Hypnosis in Stress Management. (curso titulado "Programas de Salud Mental y Tecnicas para Combatir el Estres en Profesionales de Servicios Clinicos, Sociales y Educativos"), Centro Rehabilitacion Autismo Infantil "El Cau", Castellon de la Plana, Spain.
1997 (Nov)	"Hypnosis in Psychotherapy", Centro de Terapia y Orientation Familiar, Las Palmas, Gran Canaria.
1997 (Dec)	Clinical Hypnosis and Psychotherapy, Istituto per lo Studio delle Psicoterapie, Rome.
1998 (Feb)	Clinical Hypnosis in Pain Management, Dept. of Anaesthesia, Royal Victoria Infirmary, Newcastle.
1998 (March)	Clinical hypnosis and counselling psychology, Universitat de Madrid Complutense, Department of Psychology (Interventions in Mental Health)
1998 (June)	Clinical Hypnosis, Medical Applications, University of Crete.
1998 (Sept)	Clinical hypnosis and stress management. Russian Society of Ericksonian Hypnosis, Moscow.
1998 (Oct)	Invited workshop in Clinical Hypnosis, University of Athens, Georgia, USA.
1999 (March)	Workshop in Clinical Hypnosis, University of Cagliari, Sardinia
1999 (March)	Workshop, Clinical hypnosis and Sexual Problems. University of Messina (Sicily), Faculty of Medicine.
1999 (April)	Workshop, Clinical Hypnosis. University of Ferghana, Uzbekistan.
1999 (June)	Clinical Hypnosis, Masters in Psychotherapy, University of Salamanca
1999 (June)	Clinical Hypnosis, Masters in Psychotherapy, University Complutense, Madrid.
1999 (July)	Ideomotor Behaviours in Psychotherapy - Clinical Explorations. V1 European Congress of Psychology, Rome
1999 (July)	Guarire in ipnosi ("Hypnosis in Healing"). Istituto per lo Studio delle Psicoterapie, Rome. July 10th. – 11th.
1999 (Oct)	Clinical Hypnosis (Intermediate Level Course). Panhellenic Centre for Hypnosis Studies, Levkoniko Beach, Crete.
2000(March)	PTSD - Clinical issues. TEMPUS Project. University of Salamanca.
2000 (March)	Clinical Hypnosis & Personal Development. University of Salamanca / Pontificia. Masters Degree in Psychological Therapies.
2000 (April)	Clinical Hypnosis & Psychotherapy. University of Ferghana, Uzbekistan.

2000 (April)	Humanistic Psychotherapy. National University of Uzbekistan.
2000 (June)	Clinical Hypnosis. University of Aegean
2000 (June)	Medical Hypnosis, University of Chengdu (China) and 4th. Medical Institute, Chengdu.
2000 (June)	Clinical Hypnosis, University of Sichuan, Chengdu (China)
2000 (Sept)	Director, SOCRATES Intensive Course, Research in Psychotherapy, University of Crete.
2001 (February)	Hypnosis - Clinical Applications. ISMAI (Porto) in cooperation with the Ericksonian Institute of Northern Portugal.
2001 (March)	Basic Course in Hypnosis, Roma
2001 (May)	Basic Course in Clinical Hypnosis, University of Crete
2001 (June)	Applications of hypnosis in Medicine, University of Coimbra, Portugal
2001 (June)	Hypnoanalytic approaches in Psychotherapy, University of Salamanca
2001 (Nov)	Ericksonian Hypnosis in Medical Interventions. Spanish Association of Ericksonian Psychotherapy, Madrid.
2001 (Nov)	Basic Course in Clinical Hypnosis, Spanish Society of Cognitive Psychotherapy, University of Barcelona, Spain.
2001 (Dec)	Almeida, A, Almeida, A & Hawkins, P.J.,. (December 2001) Dorothy meets the Wizard: An Allegory for a Psychodynamic Approach. The Eighth International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy. Phoenix, USA. (December)
2002	
Feb	Clinical Hypnosis in Psychology and Medicine. University of Jyväskylä, Finland.
June	Introduction to Ericksonian Hypnosis, University of Coimbra, Portugal
Sept	Collaborative action research in Psychotherapy. European Institute of Psychotherapy, University of Jyväskylä, Finland.
Oct	Hypnosis with children. Institute of Medical Psychotherapy, Rome.
2003	
Feb	One-day workshop, Introduction to Clinical Hypnosis. North Tyneside Health Care Trust.
March	Clinical Hypnosis in Psychology and Medicine. University of Jyväskylä, Finland.
March	Hypnosis and Sexual Dysfunction, Ericksonian Institute of Madrid.
May	Hypnotherapy and Psychosomatic Problems, University of Aegean, Rhodes.
Oct	Hypnosis and Sexual Dysfunction, Institute of Strategic Psychotherapy, Rome.
2004	
Feb	Hypnosis in Stress Management. (curso titulado "Programas de Salud Mental y Tecnicas para Combatir el Estrés en Profesionales de Servicios Clínicos, Sociales y Educativos"), Centro Rehabilitación Autismo Infantil "El Cau", Castellón de la Plana, Spain.
March	Clinical Hypnosis in Psychology and Medicine. University of Jyväskylä, Finland.
March	Hypnoanalytic approaches in Psychotherapy, University of Salamanca
April	Hypnosis and Sexual Dysfunction, University Institute of Maia, Portugal.

2005

- March** Hypnosis and Sexual Dysfunction, Ericksonian Institute, Madrid
- April** Hypnosis and Complementary Psychiatry. Rome. Promoted by the EU and the Ministry of Employment, Lazio Region, Italy.
- Nov** International Congress on Counselling and Violence. ISMAI, Porto.
- Dec** Hypnosis in Stress Management. (curso titulado "Programas de Salud Mental y Tecnicas para Combatir el Estres en Profesionales de Servicios Clinicos, Sociales y Educativos"), Centro Rehabilitacion Autismo Infantil "El Cau", Castellon de la Plana, Spain.

2006

- January** Clinical hypnosis. University of Salamanca. Masters Programme.
- March** Hypnosis in the treatment of psychosomatic problems. Universitatea Babes-Bolyai, Cluj Napoca, Romania
- Sept** Hypnoanalysis, Masters in Clinical Hypnosis, University of Barcelona
- November** Integrative hypnotherapy. Conferinta Mationala de Hipnoza Ericksoniana. Izvorul Muresului, Harghita, Romania.
- December** Hypnoanalysis (30 hours) Psicologia Itinerante, Rome.

2007

- January** Hypnosis in Obstetrics & Sexology, Erickson Institute, Madrid
- February** Diploma in Hypnosis & Brief Psychotherapy, ISMAI
- March** Masters in Sexology (Attitudes to sexuality), ISMAI (Porto)
- April** Basic Course in Hypnosis, Psicologia Itinerante, Rome.
- April** Hypnosis & Stress, Institute of Strategic Psychotherapy, Rome.
- June** Talk 'Hypnosis in Medicine', South Tyneside General Hospital
- July** Current Issues in Psychotherapy, Rhodes
- October** Diploma in Hypnosis, University of Barcelona
- November** Conferinta Interntionala, A Asociatiei Romane de Hipnoza Clinica, Relaxare si Terapie Ericksoniana, Sinaia, Romania Hypnosis Workshop, Timisoara
- December** Hypnoanalysis (30 hours) Psicologia Itinerante, Rome (intermediate course).

2008

- January** Clinical Hypnosis, Masters in Mental Health, University of Salamanca
- February** Hypnosis & Sexology, Ericksonian Institute, Madrid.
- March** Hypnosis with Children, Sistem Psi, Timisoara.
- May** Masters in Counselling & Psychotherapy, ISMAI (Porto)
- July** Mental Health, Rhodes
- October** Diploma in Clinical Hypnosis, University of Barcelona
- December** Hypnoanalysis (30 hours) Psicologia Itinerante, Rome (Masters course).

Current Hypnosis & Psychotherapy Activities

- Co-Director, Ericksonian Institute, Madrid
- Co-Director, Ericksonian Institute, Northern Portugal (Porto)
- Visiting Professor, ISMAI, Porto
- Visiting Professor, University of Salamanca, Spain
- Visiting Professor, University of Barcelona
- Elected Council Member, British Society of Clinical & Academic Hypnosis
- Permanent Faculty, Institute of Strategic Psychotherapy (ISP), Rome
- Director, Masters in Hypnosis & Brief Psychotherapy, Psicologia Itinerante, Rome
- President, European School of Psychotherapy
- Honorary Member, Spanish Association of Hypnosis
- Accredited Trainer, Romanian Association of Hypnosis & Psychotherapy
- Extern Ph.D. Examiner, National University of Ireland.

Peter J Hawkins
April 2008